



Study Guide, Episode 118—How to Live Courageously & Testify Boldly

Mosiah 11–17

00:00-09:07	“QOTW: How can I be courageous, bold, and live for/testify of The Lord?”
09:08 -20:37	“What/who do you live for? Do you live for the Lord?”
20:38-30:49	“Live courageously; testify boldly, like Abinadi”
30:50-39:50	“Show up, ‘Publish peace,’ Speak with power!”
39:51-END	“Understand the gospel & The Atonement & boldly share!”

- 1) What does it mean or feel/look like to you to “live courageously”? What does it mean or feel/look like to you to “testify boldly”? How are you already doing these things? What might you need to increase your courage and boldness?
- 2) Select 3 words to inspire you this year—words that describe what you’re looking for, dreaming of, working on. Write these three words down, place them somewhere where you’ll remember them, and seek to let them encourage your “living”.
- 3) What do you “live” for? Do you live just because you’re alive? Do you live for your kids, your spouse, your family? Do you live for your work or career, for your hobbies or for fun? Do you live for the gospel, for truth, for the Lord?
- 4) What are some ways you might “publish peace”? How are you showing up for the Lord? Doing His will, and using it to testify of Him? What is one thing you might do to more fully do these things?
- 5) What does it mean to you to be bold? How can you be bold AND humble, kind, loving? How can you be bold in your relationships, mental and physical health, in your career, in your life? How can you be bold in sharing the gospel of Jesus Christ? Ponder, and then discuss this with your family or a friend this week. Then, act on it.
- 6) Spend some time reading these chapters and pondering the life and death of Jesus Christ, who He was and is, what He experienced, and how, because of The Atonement, He might know and understand what you are going through. Write about this in your journal, and share your testimony of this in the coming days and/or weeks.

Resources

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